

## Packing list Via ferrata

### Clothing

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- Gloves via ferrata
- Functional shirt
- Fleece sweater
- Hard shell jacket
- Trekking pant
- Hiking shoes B oder B/C
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### Material

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- Charget mobile phone
- Personal medications
- Cash
- ID card
- Drinking bottle
- Rations
- Sunglasses
- Sun lotion

### Gear

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- Rucksack 20-30L
- Helmet
- Safety gear
- Climbing harness

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